

## OVER-THE-COUNTER DRUGS CLASSIFICATION

As of January 1, 2011, you will need a doctor's prescription for the following items:

Allergy medicine	Menstrual cycle products for pain/cramps/Anti-Itch
Antacids	Motion Sickness pills
Antibiotic Products	Nasal Sinus Sprays/Snoring
Anti-Diarrhea medicine	Nasal Strip
Anti-itch and Insect Bite treatment	Pain Relievers
Ben Gay (similar products for muscle/joint pain)	Visine and other eye products
Calamine Lotion	Respiratory Treatments
Cold /Cough/ Flu Medicines	Sinus Medications
Cold Sore Remedies	Sleeping Aids for occasional insomnia
Cough drops/Throat Lozenges	Special Diaper Rash Ointment
Digestive Aids	Stomach Remedies
First aid cream/Bactine/Neosporin	Suppositories and creams for hemorrhoids
Laxatives	Wart Remover Treatments

These items will still be eligible for reimbursement with the card and without a doctor's prescription:

Band-aids/bandages/gauze pads	Pregnancy Test Kits
Breast Pump & lactation supplies	Incontinence Supplies
Carpal Tunnel wrist supports	Nicotine Gum/Patches for stop smoking plan
Cold/Hot packs for injuries	Pedialyte for ill child's dehydration
Condoms/Spermicidal Foams	Reading glasses
Contact Lens Solution	Thermometers (ear or mouth)
First Aid Kits	

**DUAL PURPOSE LIST:** These require medical practitioner's diagnosis and recommendation:

Orthopedic shoes & inserts (only the extra cost over Non- orthopedic shoes)  
Lactose Intolerant medications  
Weight Loss drugs (excludes special diet supplements)  
Dietary supplements/fiber supplements/herbal medicines (only for specific medical condition)  
OTC Hormone Therapy & Treatment for menopause  
Acne Treatment (to treat abnormality or disfigurement)

### TOTALLY EXCLUDED ITEMS:

Any Cosmetic Products (Make-up/Face Cream/Moisturizers/Hair Color)  
Daily Vitamins  
Shampoos and Soaps

PLEASE SAVE YOUR RECEIPTS WITH YOUR ANNUAL TAX RECORDS. WE WILL AUDIT AND REQUEST RECEIPTS FOR QUESTIONABLE TRANSACTIONS.

Please remember that the ruling specifically excludes expenses that are merely beneficial to the general health of an individual.

***PLEASE NOTE: MEDICINAL OVER-THE-COUNTER ITEMS WILL NOT BE ELIGIBLE FOR REIMBURSEMENT AFTER JANUARY 1, 2011, unless we have a prescription from your doctor for each item.***